

# My Acts of Kindness



For my **Pay it Forward Project** I wanted to visit my Great Aunt Janie and others who are in her building. I took handwritten notes on cute cards and some flowers to each of the Residents. I also wrote Thank You cards to each of the Caregivers to let them know that I appreciate all things that they do and the great care that they give to my Aunt and others.

# My Acts of Kindness

Kindness is the  
Language which the  
deaf can hear and the  
blind can see.  
- Mark Twain



Left to Right: My Grandma, Aunt Janie, Beverly, and me

It was so nice to visit my Aunt and  
see some of the other residents.

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Maybel and me



How beautiful a day can be  
when kindness touches it.  
-George Elliston

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No Act of Kindness, no matter how small, is wasted.

-Unknown

The smallest Act of Kindness is worth more than the grandest intention.

-Oscar Wilde



Kristie and me

A BIG hug and thanks to the caregivers for all they do.